

Rodings Primary School

Relationships and Sex Education (RSE)



- ✓ Develop confidence in talking, listening and thinking about feelings and relationships
- ✓ Are able to name parts of the body and describe how the body works
- ✓ Have the skills, language and confidence to protect themselves
- ✓ Are prepared for puberty

What

Each year we have a statutory duty to teach Relationship and Health Education. At Rodings we have also made the decision to teach Sex Education. Relationship and Sex Education will be taught in the summer term.

How

RSE will be delivered using the CWP scheme of work which has been reviewed and endorsed by the PSHE Association. Lessons will be taught by the class teacher as this is the adult which knows the class best and can make appropriate adaptations to the learning depending on the needs of the class. Lessons will be mainly discussion based but may also include the use of flash cards, vocabulary games, labelling diagrams and the use of a question box.

Year R:

- To recognise the importance of friendship
- To recognise the importance of saying sorry and forgiveness
- To recognise all families are different

Year 1:

- To understand we are all different but can still be friends
- To discuss how children grow and change
- To explore different families and who to ask for help
- To know who to ask when unhappy or unsafe

Year 2:

- To introduce the concept of gender stereotypes
- To identify the difference between males and females
- To explore some of the differences between males and females
- To explore some of differences between males and females and to understand how this is part of the life cycle.

Year 3:

- To identify that people are unique and to respect these differences
- To explore the difference between male and female bodies
- To consider appropriate and inappropriate physical contact and consent
- To explore different types of families and who to go to for help and support

Year 4:

- To explore the human lifecycle
- To identify some basics about puberty
- To explore how puberty is linked to reproduction
- To explore respect in relationships
- To discuss the characteristics of a healthy relationships

Year 5:

- To explore emotional and physical changes occurring in puberty
- To understand male and female changes in more detail
- To explore the impact of puberty on the body and the importance of hygiene
- To explore ways to get support during puberty

Year 6:

- To consider puberty and reproduction
- To explore the importance of communication and respect in relationships
- To consider different ways people might start a family
- To explore positive and negative ways of communication in a relationship.

Parental Right To withdraw a child from RSE

Parents can't withdraw their child from Relationships or Health Education. However, if a school chooses to teach sex education you must allow parents to withdraw their children from part or all of it, unless the school feel there are 'exceptional circumstances'.