

PSHE Units - 2021/2022 (KAPOW Primary Scheme of Learning)

Family and Relationships	Keeping Safe	Health and Wellbeing	Citizenship	Economic Wellbeing	Identity (Year 6 Only)	RSE (CWP Curriculum)
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	KS1		LKS2		UKS2	
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Explore (Autumn Term 1)	Family and Relationships <i>Who is special to us?</i>	Family and Relationships <i>What makes a good friend?</i>	Health and Wellbeing <i>What strengths, skills and interests do we have?</i>	Health and Wellbeing <i>How can we manage our emotions?</i>	Health and Wellbeing <i>Why is it important to set goals?</i>	Health and Wellbeing <i>How can we keep healthy as we grow?</i>
Explore (Autumn Term 2)	Citizenship <i>What groups do we belong to?</i>	Citizenship <i>What makes a community?</i>	Economic Wellbeing <i>How does money impact our lives?</i>	Economic Wellbeing <i>How can we look after money?</i>	Economic Wellbeing <i>What risks are involved with money?</i>	Economic Wellbeing <i>Why is it important to look after money?</i>
Discover (Spring Term 1)	Keeping Safe <i>Who helps to keep us safe?</i>	Keeping Safe <i>What does it mean to stay safe?</i>	Keeping Safe <i>How can we keep ourselves safe in different places?</i>	Keeping Safe <i>How can we manage risk in different places?</i>	Keeping Safe <i>How can we help in an accident or emergency?</i>	Keeping Safe <i>Why is it important to consider risks?</i>
Discover (Spring Term 2)	Economic Wellbeing <i>What is money?</i>	Economic Wellbeing <i>Where does money come from?</i>	Citizenship <i>What are our rights and responsibilities?</i>	Citizenship <i>How can we contribute to our community?</i>	Citizenship <i>How can our choices make a difference to others and the environment?</i>	Citizenship <i>Why is change important within a community?</i>
Create (Summer Term 1)	Health and Wellbeing <i>What helps us stay healthy?</i>	Health and Wellbeing <i>What is a healthy body and a healthy mind?</i>	Family and Relationships <i>How can we be a good friend?</i>	Family and Relationships <i>How do we treat each other with respect?</i>	Family and Relationships <i>How do relationships change as we grow?</i>	Family and Relationships <i>Why is respect important in relationships?</i>
Create (Summer Term 2)						Identity <i>What is identity?</i>
	RSE - Growing and Caring for Ourselves	RSE - Differences	RSE - Valuing difference and keeping safe	RSE - Growing up	RSE - Puberty	RSE - Puberty, relationships and reproduction